

bathmate®
JUST ADD WATER

TRAINING GUIDE



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WHAT IS BATHMATE?

Bathmate Hydropumps are revolutionary devices for total penile health and penis enlargement, for which they are acknowledged as a world leader.

Designed to be used in the bath or shower, they utilise the incredible power of water to support the natural erection of your penis.

In addition, regular use of the Bathmate Hydropump keeps the penis in prime condition making for rock hard, longer lasting erections and increased sexual pleasure.

Bathmate was born in 2006 when inventor John Oakes created the world's first penis pump designed to be used specifically in water.

A friend of his suffered a serious spinal injury which resulted in him no longer being able to gain and maintain an erection. Being an award winning Mechanical Engineer and expert in hydraulics, John looked at the products that were available on the market and saw that they all had one thing in common. This led to his realisation that he could do much, much better.

After months of product development John gave the first edition Bathmate to his friend and the results were nothing short of amazing. Not only did it save his marriage, an unexpected side effect from using the pumps was an increase in length and girth of his penis. This led John to believe there was an additional market for his invention.



THE KEY BENEFITS

- The Vacuum is created by water which is far more powerful and uniform, allowing for a full and even expansion of the penis.
- The patented bellows pump system allows a safe, steady expansion over several stages. Fresh blood flows through the penis during each stage, flushing out the toxins which are a contributor to erectile difficulties.
- Results from daily use over a period of time include bigger, harder and longer lasting erections with increased stamina.
- The built-in safety mechanism is the elastic recoil of the bellows pump. It is this that generates the vacuum, limiting the amount of force that can be created.
- Bathmate pumps are made to create the safe maximum vacuum allowable by the FDA for penis pumps.
- Quick and easy to use in the shower or bathtub. Easily becomes part of a daily wash routine.
- All pumps are covered by a two year warranty against defective parts or poor workmanship. Full details of the warranty can be seen on our website: www.bathmatedirect.com/support



CHOOSING THE RIGHT PUMP



POWER			
2-YEAR GUARANTEE	✓	✓	✓
-0.35 BAR PRESSURE	✓		
-0.55 BAR PRESSURE		✓	✓
LOCKING VALVE		✓	✓
COMFORT INSERT		✓	✓
HANDBALL & PUMP			✓
CLEANING BRUSH			✓
TOY CLEANER			✓
HAND TOWEL			✓
LOCKABLE STORAGE			✓
SHOWER STRAP			✓
MEASURING GAUGE			✓

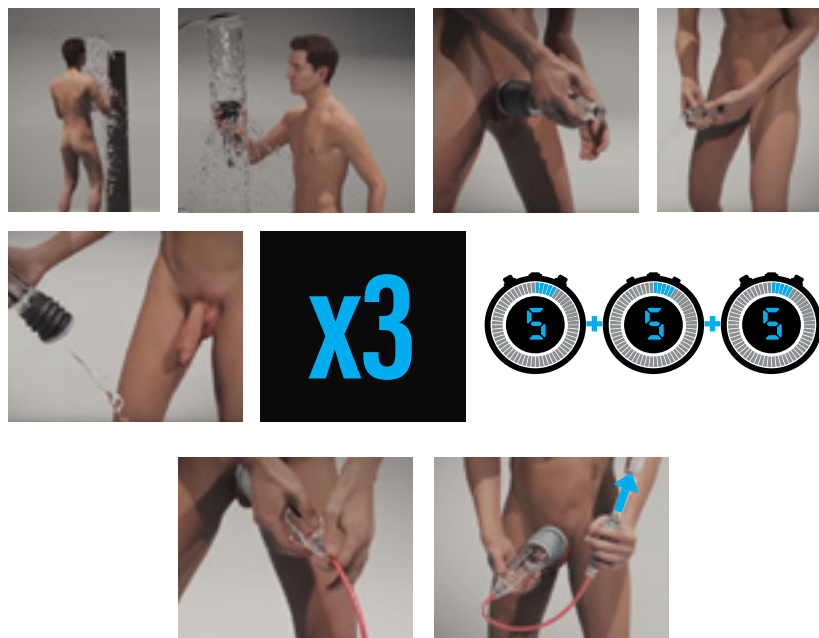
HOW THE HYDROPUMP WORKS

The Hydropump functions by creating a vacuum seal against the pubic area of the user, enclosing the flaccid penis. When the pump is pushed against the body, the bellows compress and water is ejected from the end of the pump via the open valve. When released the bellows expand and the valve closes, creating a partial vacuum inside the pump. This causes the penis to expand and fill with blood, creating an erection. Re-pumping increases the vacuum, and so increases the size of the erection.

The user controls the level of vacuum by depressing the valve inwards against the spring, opening the valve and allowing air or water back into the body of the pump, thereby partially or fully releasing the vacuum.

The vacuum in Bathmate Hydropumps is created by the elastic recoil strength of the bellows gaiter pump, so the user cannot exceed the safe partial vacuum levels allowed under European and USA medical regulations.

Instructional videos on how to use the Bathmate Hydropumps can be found on our YouTube channel www.youtube.com/user/bathmateuk



Full instructional videos are available on our YouTube channel: [@bathmateuk](https://www.youtube.com/user/bathmateuk)

AIR VS WATER

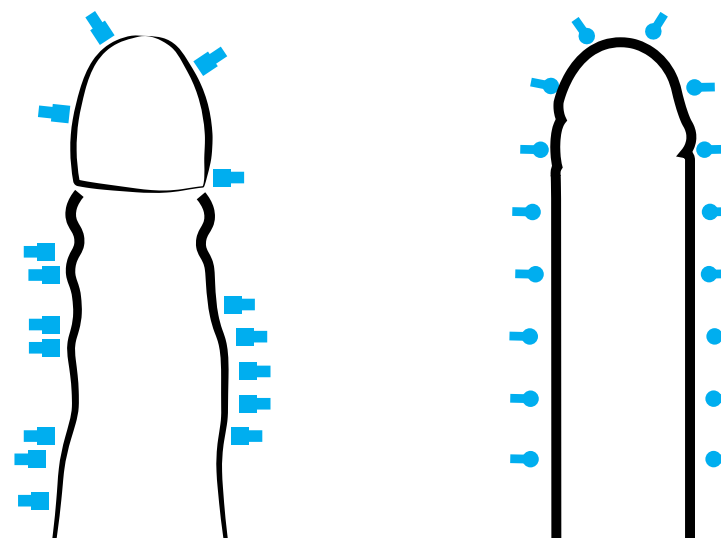
Traditional air pumps have been around for a long time so the basic concept of penis enlargement is not new. What is new is that the Bathmate range of pumps work in water rather than air. This has BIG advantages.

AIR

Under pressure, air is inconsistent and unpredictable. When air is removed from a vessel, an uneven vacuum is created, which can lead to bruising, bending and bulging of the penis.

WATER

Water is consistent under pressure. When water is expelled from the vessel, an even vacuum is created around the entire length and girth of the penis. This creates an even, solid cushion around the penis and allows for uniform expansion without bruising, bending or bulging, often associated with the use of air pumps.



THE BATHMATE RANGE

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HYDRO-SERIES

- Likely to be sold to a first time user.
- Manufactured in DX Products' own factory in the United Kingdom.
- All parts are made from the highest quality materials and molded to exact specifications and tolerances.
- All pumps and component parts undergo rigorous testing, ensuring the highest quality standards are met.
- Patented hydraulic bellows release the pressure slowly over time, making it 100% safe to use.
- Toughened polycarbonate tube with easy to use quick-release valve.



HYDROMAX-SERIES

All the benefits of the Bathmate Hydro7, plus:

- 35% more powerful due to newly designed bellows pump system.
- Soft sealing full support comfort insert reduces pressure and gives greater comfort around the base of the penis and testicle region.
- Super flow latch valve system allows for single handed filling in shower.
- Metric and imperial guidance scale with improved viewing area.
- Upper and lower texturing on the tube for better grip and control.
- Internal bellows size increased and the number of convolutes decreased, allowing even girth expansion.



HYDROXTREME-SERIES

All the benefits of the Hydromax, plus:

New handball pump that works in water for a more controlled pumping sensation; no pressure applied to pelvic bone.

The Kit:

- Xtreme hydropump
- Carry case
- Measuring gauge
- Cleaning sponge
- Towel
- Handball pump
- Comfort insert pad
- Hose attachment
- 12ml Clean
- Shower strap
- Security lock



HYDRO VIBE

Pumping but not as you know it.

Bathmate's Hydro VIBE is the world's first and only hydro-vibration system designed to work in harmony with the Bathmate range of pumps.

Bathmate has always been about gains, but for the first time with the addition of the Hydro VIBE, Bathmate pumps not only give you gains but they also create pleasure.

65 powerful vibration variations are achieved with the attachment of 2 x 10 speed IPX7 rated waterproof vibrating bullets, stimulating the penis in ways never before imagined.

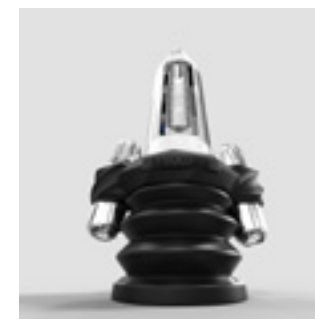
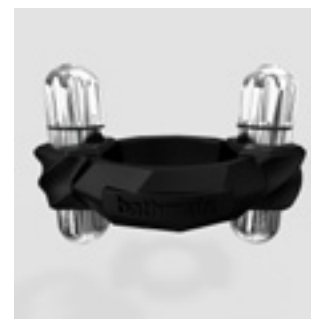
Bathmate's product testers all reported increased erection quality as well as a more comfortable pumping experience. It is indeed the best of both worlds!

Take pumping to the next level.

COMPATIBLE WITH:



HYDRO
HYDROMAX
HYDROXTREME



MAX OUT

Max Out 'jelqing enhancement serum' sets the standard against which all other jelqing lotions will be judged.

Bathmate development engineers have worked tirelessly to ensure that only the finest quality ingredients are used in the final formulation.

The TESTOSTOMAX™ formula works in harmony with the Bathmate hydropump range, providing the user with the outcome he desires in the shortest possible time.

Get bigger quicker.



POWER RINGS

Available in 3 designs the Gladiator, Spartan and Barbarian.

Bathmate Power Rings are made from Elastomex™ which is a unique blend of TPR and TPE.

The rings are Phthalate free and skin safe.

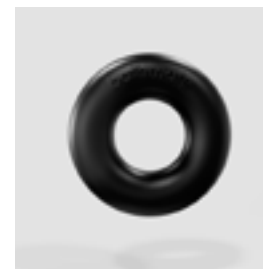
This exclusive hybrid super stretch material is designed to make the Bathmate Power Rings the toughest and most flexible rings on the market.

Using Bathmate Power Rings will give the user an enhanced erection experience, which in turn will improve performance and lead to greater sexual satisfaction.

In addition, by placing one of the Power Rings over the Hydropump whilst pumping enables the user to easily slide it over the erect penis, which has great advantages to men who suffer erectile problems.



Gladiator

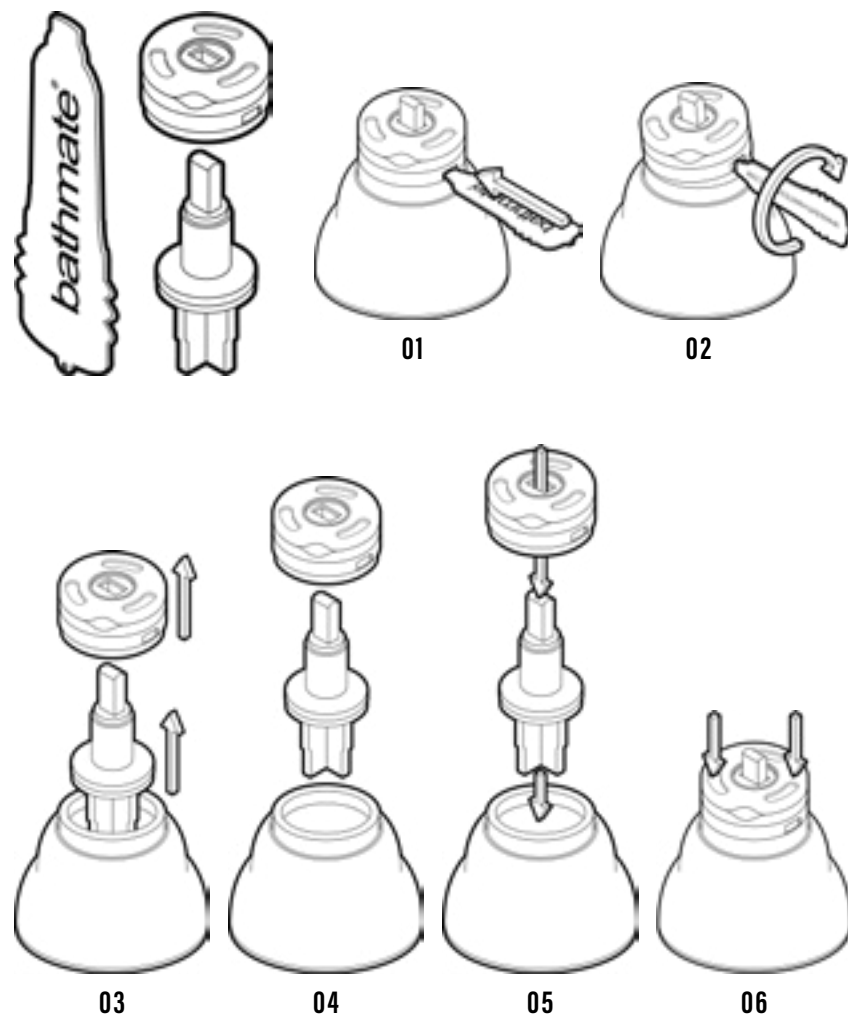


Barbarian



Spartan

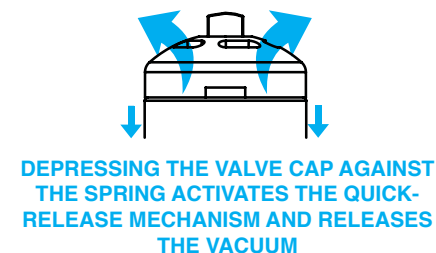
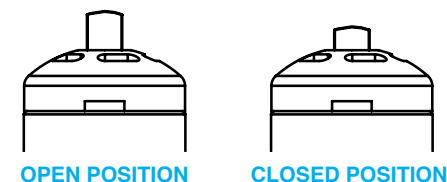
VALVES: HOW TO CHANGE



HYDRO-SERIES VALVE

To operate this valve the user must hold the black pip down with their finger to close the valve in order to fill the pump with water. Once the pump is in position the user must then release their finger, opening the valve, before pumping.

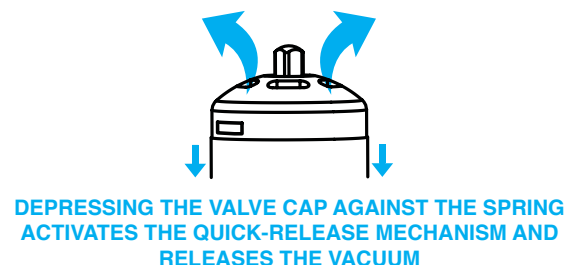
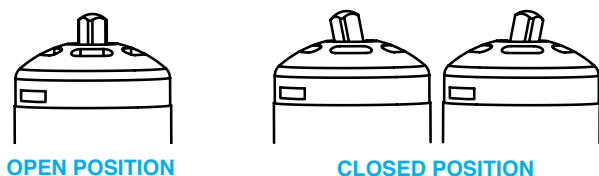
When used for the recommended period of time the user must press the valve down on each side, releasing the vacuum, in order to remove the pump.



HYDROMAX-SERIES VALVE

To operate this valve the user must click the black pip left or right to close the valve in order to fill the pump with water. Once the pump is in position the user must then return the pip to its central, open position before pumping.

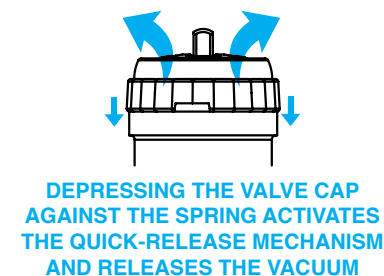
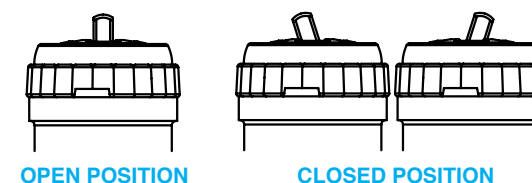
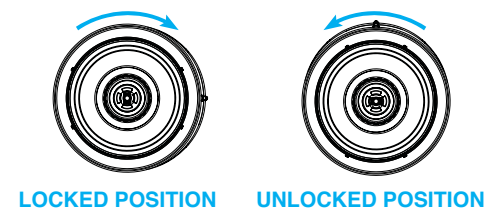
When used for the recommended period of time the user must press the valve down on each side, releasing the vacuum, in order to remove the pump.



HYDROXTREME-SERIES VALVE

To operate this valve the user must lock the valve by rotating it clockwise and click the black pip left or right to close the valve in order to fill the pump with water.

Once the pump is in position the user must then return the pip to its central, open position in order to start pumping. This valve also allows for the connection of a handball pump for a more controlled experience. When used for the recommended period of time the user must rotate the valve anti-clockwise to unlock it, press the valve down on each side, releasing the vacuum, in order to remove the pump.



FAQ'S

DOES THE BATHMATE REALLY WORK?

Absolutely. Bathmate delivers real results across the board, helping increase penis size, boost erectile strength, improve personal confidence, and treat erectile dysfunction - amongst many more major advantages.

In a recent study, Bathmate penis pumps picked up a fantastic 88% satisfaction rate amongst those who'd used their pumps for over a month, while our million-plus sales simply wouldn't exist if our product didn't work.

IS BATHMATE SAFE TO USE?

Completely. We take the safety of our customers very seriously at Bathmate, and as part of this, we manufacture and test all our pumps to ensure that an unsafe level of pressure can never be created within the pump.

With the pump units themselves undergoing an extensive range of impact tests, even surviving being run over by a car, you can also be sure of solid, long-lasting performance, backed up with a full 2-year warranty to protect your investment.

HOW LONG SHOULD EACH USE LAST?

To get the very best results when you use your Bathmate, we recommend exercising for 10-15 minutes per day. We suggest that you use Bathmate for 5 minutes at a time during your exercise session to see the best possible results.

DO I HAVE TO USE MY PUMP IN WATER?

Bathmate needs to be filled with water to have the best effect, making it ideal for use in the shower or bath. If this isn't possible, you can get great results by using your Bathmate with water from a sink.

WHAT MAKES BATHMATE BETTER THAN OTHER PENIS PUMPS?

In two words - real results. Using a unique water-based system, Bathmate lets users achieve maximum comfort and pressure, generating real improvements to penis length, girth and hardness. With over 1 million units sold worldwide, Bathmate really is the world's favourite penis pump for a very good reason.

WHAT RESULTS CAN I EXPECT WITH BATHMATE?

While our 88% satisfaction rate (after a month of use) means that you can expect real changes when using your Bathmate, results do vary based on the individual: current penis size, your blood circulation, the amount you use Bathmate, and whether you supplement your routine with jelqing all play key roles in determining how successful you are with Bathmate.

For an idea of the sort of gains you can expect, head over to our Bathmate Videos section for some before and after demonstrations of the world's best penis pump's effects.

WHAT PENIS SIZES ARE SUPPORTED BY BATHMATE?

We believe in supporting everyone with Bathmate, so we offer pumps for all penis sizes. There's no strict minimum size for using Bathmate, but we'd recommend starting out with a jelqing routine if you're below 3 inches. On the other side of things, we offer the world's largest penis pump, helping users up to 11 inches in length achieve harder erections.

ESSENTIALS



PUMPING ESSENTIALS.....26

Shower Strap
Measuring Gauge
Comfort Pads
Comfort Inserts
Cushion Rings

PRODUCT CARE.....28

Toy Cleaner
Cleaning Brush
Cleaning Kit
Capsule Case

SIZING GUIDE.....30

PUMPING ESSENTIALS

Along with our powerful range of Bathmate Penis Pumps, we offer a full range of accessories designed to help you get the very best from your pump, whether that means enhancing your sex life or taking care of your Bathmate.

Product: Shower Strap



The Bathmate Shower Strap has been engineered to allow the user to keep his hands free whilst using his Hydropump in the shower.

The adjustable nylon strap hangs comfortably around the neck and has a hard plastic ring that attaches to the Hydropump to take the weight off, enabling the user to continue to shower normally without having to hold the pump in place.

This ingenious device is compatible with all Bathmate Hydropumps.

Product: Measuring Gauge



It's important to know the exact length and girth of your penis before purchasing a Bathmate Hydropump, but can be hard to accurately measure yourself using a ruler or tape measure. That's why we designed the Bathmate Measuring Gauge, a specialised product specifically designed to measure penis length and girth.

This simple to use product also enables the user to keep track of his gains.

Product: Comfort Pads



The Hydro7 is supplied fitted with an adhesive comfort pad, designed to make the pumping experience as comfortable as possible.

While these pads are built to last, over time and after continual use they can deteriorate, lowering the level of comfort that they provide.

In order to maintain the users' level of comfort we provide replacement comfort pads, which can easily be swapped to replace the original pad.

Product: Comfort Inserts



All Hydromax and Hydroxtreme Hydropumps come equipped with a Comfort Insert Pad. This pad provides an extra layer of comfort when using the Hydropump and also prevents the sides of penis from becoming trapped inside the bellows.

Over time these pads can deteriorate, especially when used frequently so replacement pads are available so the user can continue to enjoy a comfortable pumping experience.

Product: Cushion Rings



Designed for use with the Hydromax and Hydroxtreme Hydropumps, these Cushion Rings not only provide an extra layer of comfort but also prevent a user's testicles from entering the Hydropump.

These Cushion Rings are recommended for users that may experience discomfort or pain in the pelvic region which may be a result of surgery.

PRODUCT CARE

Bathmate products are built to last. However, an effective cleaning routine will make them last longer.

Product: Toy Cleaner



Bathmate's misting Toy Cleaner is an alcohol-free spray that is designed for use on all sex toys and is safe to use on latex and silicone for a thorough hygienic clean.

Complete with a mild lemon scent that is pleasant but not overpowering, this gentle formula makes an ideal cleaning product for cleansing not only Bathmate products, but any sex toys made from latex, silicone and rubber.

Product: Cleaning Brush



The unconventional shape of the Bathmate Hydropumps make them difficult to clean so we developed a specialised brush that enables the user to give his pump a thorough clean after each use.

Keeping your Bathmate in tip-top condition not only increases its life span but also makes for a more hygienic product, which we feel is important given what's going inside it.

Product: Cleaning Kit



In addition to the Cleaning Brush, the Cleaning Kit also contains 2 Bathmate-branded towels for drying off your Hydropump after cleaning it, which is ideal for those users who don't want to leave it out to air dry.

The Cleaning Kit also comes with a durable zip-up bag so you can store your cleaning products away discreetly after use.

Product: Capsule Case

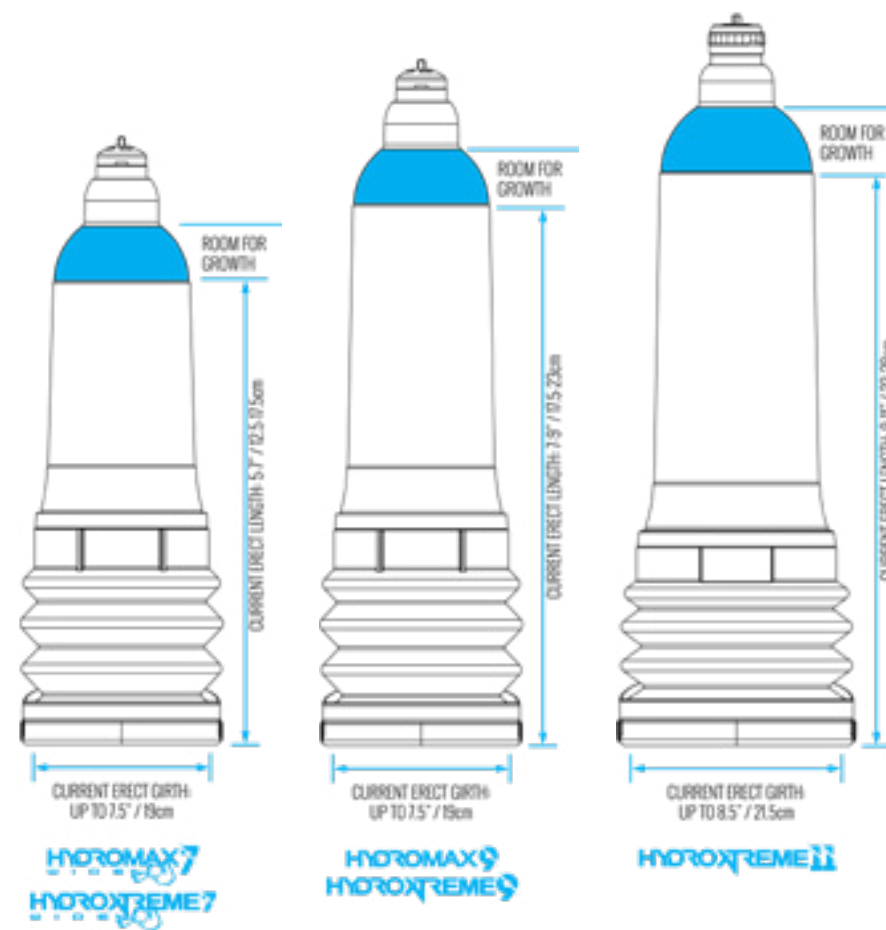
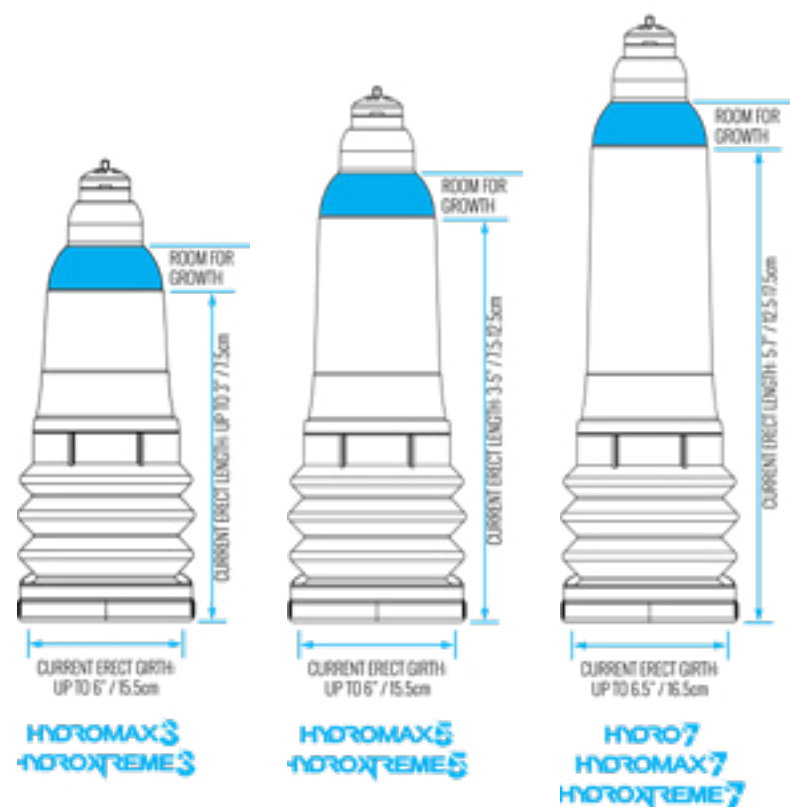


The Capsule Case was designed as a durable and discreet way to store your Hydropump. In addition, as we recommend regular use of the Hydropump to maximise gains, it can be used to transport your pump wherever you go, meaning you never have to miss out on those all important sessions.

SIZING GUIDE

The Bathmate range of Hydropumps operate using hydraulic pressure around the penis. Because the surface area of the penis is larger around the girth than it is the length, it is the girth that users will experience an increase in first, often resulting in them touching the sides of the pump meaning that the hydraulic pressure will not be able to expand the girth of the penis further.

In addition, the hydraulic pressure around the penis reduces as the space increases, which is why in order to obtain maximum hydraulic performance, the correct size pump must be used.



bathmate®
JUST ADD WATER

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Bathmate: EU 005210244, USA 3789395, China 10221454 Hydromax: EU 010390904,
USA 4303440, INT 1131156 Design Registration: EU 002111069/2, USA 29/450986
Patent nos: UK 2418686 EU 1799162, USA 7651463, AU 2005278999

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